

Free/Reduced meal applications are available throughout the year.

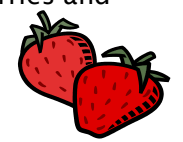
**CLARKSTON SCHOOL DISTRICT  
Food Service Department**

This institution is an equal opportunity provider and employer  
Menu may change as needed

**WEEKLY MENU**

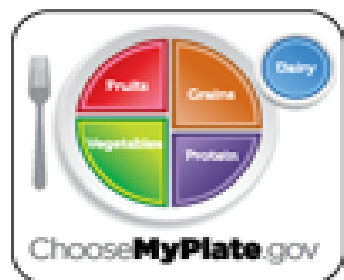
**2 WEEK CYCLE BREAKFAST MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>French Toast Sticks or Cereal</b> Scrambled Eggs w/Cheese Fruit and Juice Syrup Milk Choices (1-8,1-13, 11-27)	<b>Pancakes or Cereal</b> Sun Butter Fruit and Juice Syrup Milk Choices	<b>English Muffin</b> Sausage Patty Fruit and Juice  Milk Choices	<b>Cereal Bar</b> Cheese Stick Fruit and Juice  Milk Choices	<b>Cinnamon Roll</b> Yogurt Fruit and Juice  Milk Choices
<b>Waffle or Cereal</b> Cheese Stick Fruit and Juice Syrup Milk Choices(1-3, 1-15, 1-29)	<b>Bagel</b> Egg Omelet Fruit and Juice  Milk Choices	<b>Biscuit w/</b> Sausage Gravy or Jelly Fruit and Juice  Milk Choices	<b>Muffin or Cereal</b> Egg Patty Fruit and Juice  Milk Choices	<b>Fruit and Yogurt Parfait</b> (Strawberries, Blueberries and Vanilla Yogurt) Cereal & Juice Milk Choices



**JANUARY, 2018- LUNCH MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MyPlate is a reminder to find your healthy eating style and build it throughout your lifetime. Everything you eat and drink matters. The right mix can help you be healthier now and in the future.		<b>Cheesy Breadstick Dunkers</b> Tomato Soup Green Beans Fruit Milk Choices	<b>Italian Meatball Sub</b> Mozzarella Cheese Steamed Broccoli Fruit Milk Choices	<b>Homemade Bean Chili</b> Shredded Cheese Tossed Green Salad Applesauce Maple Bar Milk Choices
<b>Stuffed Pizza</b> Veggie Tray Pineapple Tidbits Brownie Milk Choices	<b>Hot Dog on a Bun</b> Baked Beans Broccoli Florets w/Dip Apricots Milk Choices	<b>Beefy Macaroni</b> Green Beans Chilled Peaches Fresh Baked Breadstick Milk Choices	<b>Teriyaki Beef Dippers</b> Baked Potato Seasoned Carrots Fruit Cup Fresh Baked Roll Milk Choices	<b>Pulled BBQ Turkey Sandwich</b> Corn on the Cob Creamy Coleslaw Orange Wedges Milk Choices
<b>No School</b>	<b>Chicken Nuggets</b> Parmesan Noodles Marinara Dipping Sauce Seasoned Peas Apple slices Milk Choices	<b>Philly Cheesesteak Sandwich</b> Sautéed Peppers/Onions Ranch Slaw Banana Milk Choices	<b>Ham&amp;Cheese Ripper</b> Broccoli & Sweet Red Peppers w/Dip Mandarin Oranges Milk Choices	<b>Super Nachos</b> Refried Beans Chilled Pears Salsa/NF Sour Cream Milk Choices
<b>Chicken Alfredo</b> Peas & Carrots Garbanzo Bean Salad Apple Slices Milk Choices	<b>Cheeseburger</b> Baked Beans Tossed Salad Mixed Fruit Salad Milk Choices	<b>Sloppy Joe</b> Steamed Broccoli Fresh Fruit Fruit Crisp Milk Choices	<b>Turkey Gravy &amp; Potatoes</b> Seasoned Carrots Fruit Cup Fresh Baked Roll Milk Choices	<b>Pancakes</b> Scrambled Eggs w/Cheese Celery&Carrots Strawberries Sunbutter Milk Choices
<b>Pizza</b> Veggie Tray Pineapple Tidbits Juice Milk choices	<b>Chicken Soft Taco</b> Brown Rice Diced Tomatoes/Lettuce Salsa/Sour Cream Raisels Milk Choices	<b>Lentil Chili &amp; Chips</b> Cheese/Sour Cream Cucumbers Fresh Pear Cookie Milk Choices	<b>Orange Chicken</b> Noodle Chow Mein Veggie Tray Mandarin Oranges Milk Choices	<b>Deli Sandwich</b> Pickle Spears Seasoned Corn Fruit Sun Chips Milk Choices



**NO SCHOOL - JANUARY 15, MARTIN LUTHER KING DAY**

\*Schools with salad bars will have the same entrée, but may have different fruit and vegetable options

\*\*All grain products are whole grain rich.

LMS - Deli Sandwich available daily.



**Milk Choices May Include:**

1% White, Non-Fat Chocolate, and Non-Fat Strawberry

**CELEBRATE BREAKFAST!!! EAT BREAKFAST AT SCHOOL FOR A VARIETY OF CHOICES.**