



Lancer 7th and 8th grade Football practice schedule- 2018 up to 1st game

1st day of practice – Thursday, Aug. 23rd, 4:00pm – 5:30pm

2nd day of practice – Friday, Aug. 24th, 8:00am – 9:30am

Monday, Aug. 27th, 4:00pm – 5:30pm **GEAR HANDOUT**

Tuesday, Aug. 28th – Thursday, Aug. 30st, 3:45pm- 5:30pm

Friday, Aug. 31st, 6:30am – 8:00am

Labor Day Monday, Sept. 3rd, 4:00pm – 5:00pm Make-up practice/Optional

Starting September 4th will start regular practice schedule.

Mondays – Thursdays 3:45pm – 5:30pm

Fridays – Mornings 6:30am – 8:00am

Football Parent Meeting in the GYM - TBD

LINCOLN LANCERS 1st game will be September 12th.

7th Grade 4:00pm & 8th Grade 6:00pm

*All players **MUST** have 12 practices to be able to compete in their 1st Game

**T-shirt, shorts, and tennis shoes/cleats should be worn on 1st practice. Gear handout will occur Monday, August 27th, 4:00pm. LMS provides the football helmets, shoulder pads, pants, and girdle. Athletes must have mouth guards, practice jersey and 8th graders will need knee pads (volleyball style).

*** **Make sure that your physical/athletic forms (emergency contacts/etc.) are up to date**

Please contact Ben Leavitt or Darin McCall with any questions: 509-758-5506